Donna Kay Miller

Licensed Massage Therapist, Massage Therapy Instructor, Certified Medical Massage Practitioner

Since the young age of 8 years old, I have had a passion for Massage therapy and Teaching. I gave messages to family and friends, as this was something I loved to do to help others.

Teaching those I worked on about the body just came second nature to me.

People started to notice my skills and encouraged me in 2003 to pursue a Massage License.

My world changed in a positive way after this

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Oceans Massage Therapy Center – 300HR Certification

I was now able to provide an office for my massage therapy and started teaching other LMTs my techniques.

I felt a bigger need to teach and became a Licensed Massage Instructor soon after.

I wrote 6 Continuing Education Classes and started teaching these curriculums to other LMT's.

After this milestone, I felt the need to teach people from the beginning about massage and wrote the required 500-hour curriculum, applied for a school license and opened RMTRW Massage school.

To this date I have taught over 28 classes since opening.

I have also traveled all over Texas, New Mexico and even Las Vegas to teach my Continuing Education Classes to over 500 massage Therapist from 2016 to 2018

I have flown all over the world receiving different types of massages and experiencing different high-end spas and know some of best places to experience a relaxing day spa setting.

Education/Certification Accomplishments

Feb 2nd,2004

Received Massage Establishment License from State of TX ME0792	Feb 5th, 2004
Received Massage Therapy License from State of TX MT040219	Feb 24th, 2004
Academy for Massage Therapy Training - 6HR Cert. Work Smart Upper Body	May 22nd, 2004
<u>Academy for Massage Therapy Training – 30HR Cert.</u> <u>Art of Teaching Massage</u>	Mar 6 th , 2005
Received Massage Therapy Instructor License - State of TX MI01746	Mar 16 th , 2005
<u>Amarillo Massage Therapy Institute – 6HR Cert.</u> <u>Hot Stone Massage</u>	Jun 18 th , 2005
Ocean Massage Therapy Center – 6HR Cert. Sports Massage	Jun 25 th , 2005
Academy for Massage Therapy Training - 6HR Cert. <u>Essential Touch Prenatal Massage</u>	Aug 13th, 2005
<u>Hands on Therapeutics Massage School – 6HR Cert.</u> <u>Prenatal and Special Needs Massage</u>	Oct 23 rd , 2005
Received Continuing Education Provider License - State of TX CE0502	Oct 31st, 2005

<u>LMT Success Group – 40HR Certification.</u> <u>Certified Medical Massage Master Level Program</u>	March 2006
Austin Body Care Training – 6HR Cert. Isolate Passive Muscle Stretching	Apr 1 st , 2006
Richard F. De Foe PhD, RMT, MTI - 6HR Cert. Medical Massage	Nov 12 th , 2006
Took time off from education to write 500 hour school program and 8 CE classes	
Received Massage Therapy School License - State of TX MS1014	Nov 30 th , 2007
Body Logic – Dallas Texas – 6HR Cert. Repetitive Stress Injuries	Dec 19 th , 2007
<u>The Lauderstein-Conway Massage School Clinic – 6HR Cert.</u> <u>Deep Massage I</u>	Jul 12th, 2009
Patti Biro and Associates – 6HR Cert. Elder-assage: The Art and Science of Massage for the Aging Adult	Oct 19 th , 2009
<u>ABMP – 5HR Certification</u> <u>Instructors on the Front Lines – Instructor Workshop</u>	Mar 26 th , 2010
<u>John Barnes Myofascial Treatment Centers & Seminars – 20HR Cert.</u> <u>Myofascial Release Techniques</u>	Jun 3 rd , 2012
<u>University of Texas MD Anderson Cancer Center – 25HR Certification</u> <u>Integrative Oncology Training</u>	Jul 20 th , 2014
Body Logic – Dallas Texas – 6HR Cert. Lymphatic Drainage Techniques	Jan 16 th , 2017
School was approved by NEW - Texas Department of Licensing & Regulation Dept.	Sep 1 st , 2020
Elite Professional Education – <u>Care for Special Populations – 2HR</u> <u>Ethics for Therapeutic Massage and Body – 3HR</u> <u>Working with Clients with Health Problems – 2HR</u> <u>Clinicians Guide to Recognizing & Responding to Human Trafficking – 1HR</u> <u>Massage Therapy for Sports Injuries – 4HR</u>	Dec 3 rd , 2021
<u>LMT Success Group – 18HR</u> <u>Integrative Cupping Massage</u>	Jun 24 th , 2022
Artimus Cryoskin Training – 12HR	Aug 25 th , 2023

I have received Massages all over the USA and a few others and will bring unique techniques from those experiences into my massage sessions.

Here are just a few places that I have gotten massages from.

USA Texas:

Lubbock (to many to count)

Amarillo (2)

Dallas (10+)

Fort Worth (3)

Waco (1)

Austin (2)

San Antonio (10+)

Orange (1)

New Mexico:

Albuquerque (7)

Santa Fe (6)

Ruidoso (4)

Arkansas:

Hot Springs (1)

Montana:

Billings (1)

Nevada:

Las Vegas – (over 50 massages - all different therapist and spas)

California:

San Francisco (1)

Arizona:

Scottsdale (1)

New York:

Manhattan (5)

Hawaii:

Maui (2)

Illinois:

Chicago (1)

Puerto Rico:

San Juan (1)

Dominican Republic:

Punta Cana (1)

Costa Rica

Tamarindo (5)

Canada

Halifax, NS (1)

Other Countries/Places I have received massages.

Baha California:

Cabo San Lucas (1)

Mexico:

Playa Del Carmen (1)

Cancun (1)

New Zealand:

Auckland (1)

Italy:

Florence (3 wonderful experiences)

Sorrento (1)

Turks & Caicos:

Grace Bay (1)

Carnival Cruise Lines

Middle of the Ocean (1)